

WELCOME to this space. Please Read at the Beginning of Your Event:

Welcome to American Vegan Center, a cultural hub in Old City since 2021. Did you know the US vegetarian and vegan movements both began right here in the city of Philadelphia?

Here you can learn about veganism through books, magazines, restaurant info, and veg history tours. Or ask questions of our friendly staff and volunteers. Be sure to return for more events — cooking classes, art exhibits, lectures, trivia nights, open mic nights, all bring the community together.

Veganism is a way of living which seeks to exclude, as far as is possible and practicable, all forms of exploitation of, and cruelty to, animals for food, clothing or any other purpose. Vegans eat from the plant kingdom: vegetables, fruits, legumes, grains, nuts and seeds. And mushrooms.

The American Vegan Center is program of the American Vegan Society, the longest-running national vegan organization in the U.S. Since 1960, American Vegan Society has been promoting a compassionate, healthful, and sustainable lifestyle, empowering individuals through education and advocacy. Founder Jay Dinshah went vegan immediately upon emerging from visiting a slaughterhouse at Front and Venango Streets in Philadelphia in 1957.

American Vegan Society membership is open to everyone enjoying and/or learning vegan which we clearly teach with dynamic compassion. We are the kind generous vegans you want as your friends and neighbors. Be sure to take a sample of *American Vegan* magazine.

Please visit the website AmericanVegan.org to sign up for free email newsletters and follow us on social media at both American Vegan Center and our national feed: [AmericanVeganS](https://www.facebook.com/AmericanVeganS).

American Vegan Center runs primarily on donations. Please give generously at our donation box. Each person is encouraged to consider \$5 or more. We also rely on your purchases to help fund our vital public events.

Thank you for enjoying our space!